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East Regional Chief Medical Officer

Carelon Health

Tell us about your work as East Regional Chief Medical Officer at Carelon Health.

As the East Region Chief Medical Officer at Carelon Health-Advanced Primary Care I have the privilege of working with exceptionally patient-centric teams!

- Together, we meet patients where they are every day to provide high quality care. We care for patients in their homes, facilities, and at our Care Centers.
- Our collaborative model empowers us to allocate appropriate care delivery resources as needed.

- We are continuously iterating our clinical processes to optimize patient outcomes and to ensure cost effectiveness of health care.
- Patients thrive in our model of care because we focus on prevention to maintain wellness and partner with them to live their healthiest lives.

What major challenges does primary care face in today's healthcare landscape?

Significant headwinds challenge us every day in primary care.

- Lack of access to care-though rural communities often struggle as clinical deserts due to challenges in recruiting, suburban and urban neighborhoods also experience a lack of primary care access with the early retirement of physicians and a shortfall in training of an adequate supply of primary care clinicians.
- Chronic disease burden-conditions including obesity, diabetes, cardiovascular and chronic kidney disease plague our society secondary to social determinants of health, lifestyle choices, and cost of



REIMAGINING PRIMARY CARE

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complex care barriers to optimizing health for every individual.

- Rising cost of care-year over year increases in the price of medications, infrastructure overhead required to deliver healthcare, and costly interventions to address advanced disease burden contribute to the unaffordability of healthcare.
- Rapid acceleration of technology-while advancement of science and technology deliver miracle cures, it also contributes to information overload for patients and healthcare teams in addition to systems that are not necessarily built with care first in mind.
- Dearth of primary care investment-the BIG PROBLEM. The US spends approximately 5% on primary care compared to other countries that nearly triple this investment with subsequent impact on clinical outcomes for patients.

offering a platform for healthcare colleagues, scholars, and industry leaders to discuss and explore new approaches and innovations to enhance primary care.

- **Innovative Ideas:** The forum provides attendees with the opportunity to learn about the latest trends and best practices in primary care from some of the disrupters and trendsetters in the field.
- **Networking:** It's an excellent networking opportunity where attendees can connect within the healthcare landscape - a richness that can spark new partnerships and collaborations.
- **Discussion of Challenges:** It gives attendees a space to share their experiences and challenges they're facing in primary care and learn about leading practices being implemented across the country.
- **Future of Primary Care:** Be prepared to be challenged, inspired, and activated to create a better future for our patients, our clinical teams, and the overall health of our communities.

What are you most looking forward to at the Reimagining Primary Care Forum 2024?

The Reimagining Primary Care Forum promises to be exciting for many reasons,

