

Conference Day 1, September 14th 2022

8:00am Registration, Breakfast and Networking

9:00am Chairs Opening Remarks:

Elizabeth Montgomery, Vice President, Learning Strategies and Primary Care Programs, [National Kidney Foundation](#)

9:10am Keynote Presentation: The Current Landscape of Chronic Disease Management

Robert Gabbay, Chief Scientific and Medical Officer, [American Diabetes Association](#)

9:35am Keynote Panel Discussion: Four Important Perspectives on Chronic Disease Management

Understanding the levels of chronic disease management from four perspectives - a policy perspective, a payer perspective, a provider perspective and a patient perspective.

1. What are the key challenges in managing chronic disease from each perspective?
2. How can providers better understand the chronic disease patient's experience of navigating through the healthcare system?
3. How can state and national policy makers better support providers caring for chronic disease patients?
4. What are the challenges and opportunities in using data to improve chronic disease management from national, state and provider perspectives?
5. What are the challenges regarding the collaboration between public and private partners?

Kristin Wikelius, Chief Program Officer, [United States of Care](#)

Kenneth Snow, Medical Director, Chronic Condition Team, [CVS Health](#)

Natasha Davis, Director, Chronic Disease Prevention & Health Promotion, [VNA Children Family Health Institute](#)

Richard Freeman, Chief Medical Officer, [St. Elizabeth's Medical Center, Steward Healthcare](#)

10:15am

Morning Break, Refreshments & Networking

Access to Care & Social Determinants of Health

10:55am Case Study: Challenging Healthcare Disparities in Chicago

Ajanta Patel, Medical Director, Chronic Disease Prevention and Health Promotion, [Chicago Department of Public Health](#).

11:20am Panel Discussion: How do we Account for Social Determinants in the Design of High-Quality Continuous Care for Chronic Disease Management?

Continuous care is important in monitoring the long-term management of chronic disease. There are barriers however in providing quality continuous care, which are often related to the social determinants of health and healthcare access. How can we overcome these barriers to ensure quality continuous care can be provided across all populations?

1. How can we ensure all patients have the tools to self-manage their chronic disease? What do we do when patients don't have these, for example access to healthy food, community safety, open spaces.
2. What future role can telehealth play within this?
3. How can we use population health data and public health knowledge to identify which patients are most at risk of being disadvantaged by social disparities? Once identified, how do we use this knowledge to improve health outcomes in these populations?
4. Does home healthcare provide an opportunity for quality continuous care?
5. How can public and private partners collaborate to overcome healthcare disparities?
6. How do we bridge the trust gap that exists between healthcare institutions, individuals and the communities they serve?

Ajanta Patel, Medical Director, Chronic Disease Prevention and Health Promotion, [Chicago Department of Public Health](#).

Milagros Abreu, Executive Director, President & Founder, [The Latino Health Insurance Program](#).

Mary Beth Terry, Professor of Epidemiology, [Columbia University's Mailman School of Public Health](#)

Amy Shannon, Director of Social Determinants of Health (SDoH) Programs and Products, [Highmark Health](#)

12:00pm

Lunch and Networking

Integrated Care Models & Holistic Healthcare

Lightning Talks - Integrated Care Model Case Studies / Continuous Care / Remote Care / Virtual-First

2:00pm Case Study 1: Michael McKnight, Senior Vice President of National Programs, [Green & Healthy Homes Initiative](#).

2:15pm Case Study 2: Tanya Dwyer, Director, Disease Management Programmes, [Commonwealth Care Alliance](#)

2:30pm Panel Discussion: How can Integrated Care Models & Holistic Health Care be Successful in Improving Patient Health Outcomes?

Integrated Care Models offer an opportunity for healthcare teams to collaborate more efficiently and provide more valuable, personalized and convenient care for both the patient and provider. Application of these

models could drastically improve patient outcomes, however there are a number of barriers which must be overcome to ensure these models guarantee success.

1. How can we overcome interoperability issues within integrated care management?
2. How can chronic disease health care models take into account the impact of mental health?
3. How can we prevent further fragmentation happening when we begin to use more integrated holistic health care?
4. What role can payers and regulatory agencies play in modernizing chronic disease healthcare?
5. How can health systems move from traditional models more suited to acute care to more holistic care models for chronic disease management?
6. What role can digital health play in holistic healthcare?
7. How can we ensure integrated care systems serve the patient, provider and payer?

Michael McKnight, Senior Vice President of National Programs, [Green & Healthy Homes Initiative](#)

Maureen Pike, Director, Social and Clinical Care Integration, [Trinity Health](#)

Glen Moller, CEO, [Upward Health](#)

Amy Shannon, Director of Social Determinants of Health (SDoH) Programs and Products, [Highmark Health](#)

3:10pm

Afternoon Break, Refreshments & Networking

Value & Health Outcomes

3:50pm Panel Discussion: How can Payers Contribute to Future Innovation and Improved Outcomes in Chronic Disease Management?

The management of chronic diseases have typically fallen on the provider or the patients themselves. However, the role payers play around continuous coverage and adopting innovative strategies to aid patients with their healthcare cannot be understated. This panel will discuss the current role of payers within this field, the challenges they face in the management of chronic disease and address the available opportunities to improve the care they can provide.

1. What are the current challenges within the payer landscape in tackling chronic disease?
2. How can we innovate reimbursement policies to drive positive health and economic outcomes?
3. What framework would best serve a system where a patient centred approach is undertaken?
4. Can telehealth and digital solutions improve patient outcomes and what are the current strategies with payers to adopt these novel solutions?
5. How can payers strive towards high-quality and continuous coverage for chronic disease patients?

Pamela Tropiano, Vice President, Healthcare Services, [Molina Healthcare of Ohio](#)

Amy Neftzger, Director, [UnitedHealth Group](#)

Brian Wheeler, Vice President, Provider Collaboration and Network Transformation, [CareFirst BlueCross](#)

BlueShield

Jill Davis, Director, Disease Case Management and Clinical Education, [HealthPartners](#)

4:30pm Chairs Closing Remarks

4.45pm

Close of Day 1 of the Future of Chronic Disease Summit

Conference Day 2, September 15th 2022

8:00am Breakfast, Refreshments & Networking

9:00am Chairs Opening Remarks

Patient Behavior & Engagement

9:05am Presentation: Patient Education - What Can Patients Teach Us About Managing the Chronicity of Chronic Disease?

Tiffany Patrick, Vice President, Patient Advocacy & Engagement, [Alnylam Pharmaceuticals](#)

9:30am Panel Discussion: Understanding Techniques for Patient Engagement and Longevity

The patient's engagement with the management of their chronic disease/s is perhaps the biggest challenge in chronic disease management. Understanding specifically what barriers stop patients from engaging and what motivates patients to engage is integral in improving health outcomes.

1. How can we use Behavioral Economics to change Provider behavior and Improve Patient Engagement and Health Equity?
2. How can digital health improve patient engagement?
3. How can data aid us in understanding patients' decision making, motivations & engagement?
4. What challenges make it difficult for patients to engage with the management of their chronic disease?
5. What are the most effective techniques in motivating patients to self-manage their chronic disease/s?
6. How can we ensure that quality continuous physical, emotional and practical support is provided to keep chronic disease patients engaged in the management of their disease?

Tiffany Patrick, Vice President, Patient Advocacy & Engagement, [Alnylam Pharmaceuticals](#)

Amal Agarwal, Vice President Home Solutions, [Humana Inc](#)

Tricia Mullins, Global Head, Early Patient Engagement & Professional Societies, [BeiGene](#)

Tanya Dwyer, Director, Disease Management Programmes, [Commonwealth Care Alliance](#)

10:10am

Morning Break and Refreshments

10:50am Presentation: How can we Help Patients Prepare for the Unpredictability of their Chronic Disease?

Tricia Mullins, Global Head, Early Patient Engagement & Professional Societies, [BeiGene](#)

Addressing Healthcare Silos

11:30am Panel Discussion: How can we Break down Silos and Pursue Cross-Industry Collaboration to Ensure the Future of Chronic Disease for Patients is Bright?

Cross-Industry Collaboration may be the key to ensuring a positive future for Chronic Disease Management. However, as we involve more stakeholder groups in healthcare, the risk for fragmentation and the number of healthcare silos increase. It is important that solutions are found to break down these silos and ensure greater transparency and connectivity throughout the system.

1. How can we improve digital connectivity between different healthcare stakeholder groups?
2. How do we manage healthcare panel sizes for more complex members?
3. How can we take the administrative burden of managing patients' EMRs off physicians? What solutions are available to overcome IT compatibility issues?
4. How can the integration of digital health improve communication and continuous-care between providers and patients?
5. What role can policy play in influencing healthcare models which center the patient and help tackle healthcare siloes?
6. How can partnerships between healthcare systems/ payers and community-based organizations/social services improve patient care?
7. How can we move towards a holistic patient care system through cross-industry collaboration?

Lorraine Stiehl, Chief Executive Officer, [American Liver Foundation](#)

Kyu Rhee, Senior Vice President and Chief Medical Officer of Aetna, [CVS Health](#)

Nalini Saligram, Founder & CEO, [Arogya World](#)

Craig Kurtzziel, Vice President Centre for Advanced Analytics, [UnitedHealth Group](#)

12:10pm Chairs Closing Remarks

12:15pm

Close of the Future of Chronic Disease Summit 2022