



# FUTURE of MENTAL HEALTHCARE

9-10th November, 2022  
Bay Area, CA

## Conference Day 1, November 9th

**Registration, Breakfast and Networking**

**Chairs Opening Remarks**

**Vandana Pant**, Senior Director Design & Innovation, [Sutter Health](#)

## Creating a Continuum of Care

**Keynote Presentation: How can we Move the Needle Forward with Mental Healthcare?**

- A deep dive into how collaboration between physical and mental primary care providers can manage the influx of patients
- Discussing the role tech will play in moving the needle forward with behavioral healthcare
- What tools can we use to improve access, engagement and outcomes in substance use disorder and mental health care?

**Jennifer Christian-Herman**, Vice President, Mind Body Medicine/Behavioral Health, [Blue Shield of California](#)

**Keynote Panel Discussion: How can we Create a Continuum of Care to Support Patients?**

*Despite the majority of mental health problems presenting in primary care, mental health has historically been siloed from physical health, which has led to a lack of coverage and access. Evidence highlights that integrating behavioral health into primary care improves access and clinical outcomes, and reduces costs and stigma. We need to reimagine the delivery of care across the continuum and integrate mental health and substance use health care into primary health care.*

- How can we design better systems and support patients in navigating this system?
- What barriers need to be overcome to fully integrate behavioral health care into primary care?
- How can the Collaborative Care Model support primary care givers?
- What resources can we utilize to improve the pathway to care?
- How do we make these whole-person solutions available on a national level?

**Cecilia Livesey**, SVP Chief Mental Health Officer, [UnitedHealth Group](#)

**David Lin**, President, [California Psychological Association](#)

**Caroline Carney**, President, [Magellan Behavioral Health](#); Chief Medical Officer, [Magellan Health](#)

## Morning Break, Refreshments & Networking

## Leveraging the Voice of the Individual Patient

### Presentation: Why Medicaid is Essential to the Future of Mental Health

**Alex Briscoe**, President, [California Children's Trust](#)

### Fireside Chat: Supporting Informed Mental Health Choices

- The role of content creation in helping consumers make informed mental health decisions
- The importance of disseminating evidence based psychoeducation content
- How to meet users where they are in creating clinical content that is accessible and engaging

**Marjorie Morrison**, CEO & Co-Founder, [Psych Hub](#)

**Jessica DiVento**, Global Head of Mental Health, [YouTube](#)

### Panel: Bringing the Patient Experience into Delivery Solutions we Provide for Substance Use and Mental Health Disorders

- How do we ensure people with lived experience are engaged in designing solutions for the delivery of mental health and substance use disorder care?
- What is the role of payers and providers in ensuring this?
- Elevating the goals, preferences and needs of the patient when delivering mental health and substance disorder care

**Brandon Staglin**, President, [One Mind](#)

**Merrill Friedman**, RVP, Inclusive Policy & Advocacy, [Anthem](#)

**Mason Turner**, Senior Medical Director for Behavioral Health, [Intermountain Healthcare](#)

**Vandana Pant**, Senior Director Design & Innovation, [Sutter Health](#)

## Lunch and Networking

### Mental Health Care Policy

#### Fireside Chat: Breaking the Paradigm of the Traditional Delivery of Care System

- Exploring why it is important to challenge the traditional payer, health system relationship
- Discussing how we can break the silos to accelerate behavioral healthcare services
- What are the areas of synergies that we can lean into to innovate the traditional delivery of care system?

**Tammer Attallah**, Executive Clinical Director, [Intermountain Healthcare](#)

**Nina Vasan**, Founder & Executive Director, [Brainstorm: The Stanford Lab for Mental Health Innovation](#)

#### Panel: The Future of Mental Health Policy

*Great progress has been made in accelerating mental health care due to Covid, and we need to ensure that policies are put in place to prevent the progress from stalling. How can we harness bipartisan support in congress for mental health reform? This chat will dive into how these ambitious policies are shaping and predict what they are going to look like.*

- Coming out of a public health emergency, what laws need to be made to facilitate better access to evidence based treatment?
- What barriers need to be overcome to enforce and achieve mental health parity?
- How can we fund and enforce these policies?
- What does the future of mental health policy look like?

**Moderated by: Rebecca Bagley**, President & CEO, [The Kennedy Forum](#)

**Bradley Lerner**, Director, Public Policy, Manager, Behavioral Health and Enterprise Issues, [Anthem](#)

**Charles Ingoglia**, President and CEO, [National Council for Mental Wellbeing](#)

**Andy Keller**, President and CEO, [Meadows Mental Health Policy Institute](#)

## Afternoon Break, Refreshments & Networking

### Improving Access in Mental Health and Substance Abuse Care

**Presentation: Transforming Behavioral Health Care in Large Systems to Realize Opportunities for Quality, Innovation, and Personalization**

**Bradley Karlin**, VP and Executive Medical Director, Behavioral Health, [Highmark Health](#)

**Panel: How can we strengthen the Capacity of the Behavioral Healthcare Delivery System**

*It is estimated that the US needs an additional 4.4 million professionals to cover the demand for mental healthcare services. With the huge increase in demand following the pandemic, and with increased provider burnout, it is clear we are going to need innovative ways to meet this demand.*

- How can we expand, diversify and ensure cultural competency of the mental health and substance use workforce?
- How can we increase evidence based, community mental health services and embed providers in non-traditional settings?
- What role is telehealth going to play in helping tackle the workforce shortage?
- How can we support the mental health of providers, extend their reach and ensure they are working at the top of their license?
- What incentives for entering the profession need to be put in place?

**Moderated by: Murray Zucker**, Chief Medical Officer, [Twill](#)

**Brandon Jones**, Chief Executive Officer, [Triad](#)

**Ahsan Mahmood**, Chief Medical Officer, [Parkview Behavioral Health Institute](#)

**Elizabeth Horevitz**, Chief Behavioral Health Officer, [Marin Community Clinics](#)

**Colleen Marshall**, VP of Clinical Care, [Two Chairs](#)

**Chairs Closing Remarks**

## Conference Day 2, November 10th

**Breakfast, Refreshments & Networking**

**Chairs Opening Remarks**

**Lori Butterworth**, Chief Executive Officer, [AIM Youth Mental Health](#)

### Addressing the Mental Health of Youth

**Discussion: Expanding Access to Mental Healthcare Care in Youth**

- Beyond Tokenism: how to include and learn from young people at policy and planning tables

**Moderated by Lori Butterworth**, Chief Executive Officer, [AIM Youth Mental Health](#)  
Representative from Youth Advisory Board, [AIM Youth Mental Health](#)  
Representative from Youth Advisory Board, [California Children's Trust](#)

### **Fireside Chat: Elevating the Voice of Youth in their Mental Healthcare Journey**

- Discussing how we can engage and empower youth
- Infusing the youth perspective into mental health advocacy, acceptance, and outreach

**Barb Solish**, Director, Youth and Young Adult Initiatives, [National Alliance on Mental Illness \(NAMI\)](#)  
**Merrill Friedman**, RVP, Inclusive Policy & Advocacy, [Anthem](#)  
Next Gen young adult advisor, [NAMI](#)

### **Panel Discussion: How do we Engage the Youth in their Mental Healthcare Journey?**

*The mental health of youth in particular has been particularly impacted by Covid, with more than half of parents expressing concerns over their children's mental wellbeing. Following the U.S. Surgeon General's report last December, and now Biden's crisis alarm, there is huge focus on this national epidemic and now is the time to act. It is vital we engage youth in their mental health in order to tackle this crisis. We need to relate to and understand how they wish to engage in their healthcare journey in order to improve outcomes.*

- What are the best practices to engage youth in the design and development of youth mental health programs and initiatives?
- How can we educate and empower parents to support their children, while also supporting parents in this journey?
- Understanding young people and technology: reality testing the opportunity of technology
- How can we expand access to mental healthcare in youth through peer-peer support?
- How can we provide psychosocial support in schools and community settings to help youth build life skills?

**Deborah Fernandez-Turner**, Interim Chief Psychiatric Officer, [Aetna, CVS Health company](#)  
**Kelly Davis**, Associate Vice President of Peer and Youth Advocacy, [Mental Health America](#)  
**Helen Hsu**, Director of Outreach, [Stanford University CAPS](#)  
**Mira Parwiz-Shamel**, Director, [Santa Clara Valley Medical Center](#)  
**Amrita Rai**, Clinical Director of Behavioral Health, [Inland Empire Health Plan](#)

## **Morning Break and Refreshments**

## **Improving Outcomes in Mental Healthcare**

**Presentation: To Be Announced**

**Alex Katz**, Founder and CEO, [Two Chairs](#)

**Presentation: Population Based Care in Mental Health**

- A review of The Permanente Medical Group's SPMI (Severe Persistent Mental Illness ) program
  - Leveraging pharmacists for management of patients with severe persistent mental illness
- A Review of The Permanente Medical Group's Virtual ADAPT ( Achieving Depression and Anxiety Patient centered Treatment Goals) program
  - Treating patients with Mild to Moderate Depression and Anxiety leveraging a collaborative Care model
- A discussion of Depression Care HEDIS Metrics

**Maria Koshy**, Chair of Chiefs of Psychiatry & Behavioral Health, [The Permanente Medical Group](#)

**Inderpreet Dhillon**, Regional Medical Director of Mental Health Virtual Care Programs, [The Permanente Medical Group](#)

**Presentation: Using Measurement to Improve Outcomes in Substance Abuse and Mental Healthcare**

- A deep dive into how we can use digital signals to improve outcomes in behavioral healthcare
- Exploring how digital tools can enable passive, continuous and less onerous and subjective measurements
- Discussing the how to handle the privacy of patients

**John Peloquin**, Chief Executive Officer, [Discovery Behavioral Health](#)

**Fireside chat: How can we Improve Outcomes in Behavioral Healthcare: Value based care and Evidence Based care**

- Discussing how we can improve outcomes through value-based and evidence-based care
- Ensuring mental healthcare is rewarded by outcomes rather than volume
- Where is the evidence currently lacking, and what research still needs to be done?

**Christine Barton**, Director of Integrated Systems of Care, [Horizon Blue Cross Blue Shield New Jersey](#)

**Chairs Closing Remarks**

**Close of The Future of Mental Healthcare Summit**